



*Special Programs*

*2005-2006*

## *Leisure Activities*

### **Watersports**

Cap Juluca provides guests with professional instruction in a variety of watersports including windsurfing, sailing (Hobie Cat, catamarans and sailboat) snorkeling and water skiing. Equipment is provided free-of-charge. We are also very pleased to be able to offer guests the use of our two new 36' motor cruisers. These sleek vessels each accommodate groups of up to 12 people and are available for full or half-day outings as well as private charter. Guests may beachcomb on castaway isles, snorkel in hidden coves and sunbathe

on secluded islands. Half-day outings, priced at \$45.00 per adult and \$35.00 per child include snorkel gear, rum and fruit punch, beer, wine and other beverages. Full-day trips are \$105.00 per adult and \$85.00 per child and include lunch, beverages and snorkel gear. Special half-day trips to the uninhabited Prickly Pear Cay, the "bare-foot and casual" islet of Scilly Cay or the marine preserve at Little Bay are also offered at special prices for our guests. Our Captains welcome all on board for an outing sure to be filled with excitement, adventure and fun.



## **Tennis**

Cap Juluca's private tennis professional welcomes both novice and advanced to tennis instruction at our twice-weekly complimentary tennis clinics. The Resort has three omni turf tennis courts, two of which are equipped with lighting for night play. Join fellow guests at our weekly "round robin" social that promises fast paced fun for everyone. The staff at the Tennis Pro Shop will also pair up guests with similar levels of play as well as reserve court times. Complimentary demo racquets are provided. Private instructions are also available at \$65 per hour and \$35 per half-hour.

## **Aqua Golf Driving Range**

An Aqua golf driving range is situated on the lagoon, along with a sand bunker, putting green and several tee areas, for golfers wanting to practice their game. Golf courses are available in St. Maarten at Mullet Bay Golf Club and Resort and in Nevis. 18-hole championship golf course opening in Anguilla early 2006.



## **Croquet**

Mallets, balls and wickets are available in both adult and children's sizes for play on the lawn. For novices, a half-hour instructional clinic is held weekly.

## **Spa and Wellness**

There is a large selection of massages and rituals available along with manicures, pedicures, yoga and personal fitness training. There is a special wellness week

every month of the year offering astrology, special yoga sessions, spiritual circuit training, shamanic healing and transpersonal services.

## **Dance for Joy**

For dancers and would-be dancers who are interested in discovering their inner rhythms and smooth dancing feet, or just perfecting their style and exercising their form. Group and private

lessons available. This program is offered in August and November 2005. The program for 2006 will take place on April 26-30 and November 29-December 3, 2006. Please call for rates.

## **Wine and Food Lovers Getaway**

Each month there will be either a Vineyard or a celebrated chef (sometimes together) taking part in our Gastronomic Experience. Sip wine from some of the world's greatest Vineyards and eat food prepared by renowned chefs from around the globe. Telephone, email or visit our web site ([www.capjuluca.com](http://www.capjuluca.com)) for the names of Guest Vineyards and Chefs involved.

## *List of Current Programs Available*

- Total Wellness Program / Mind, Body & Spirit
- Dance For Joy
- Wine & Food Lovers Getaway
- The Great Escape
- Quick Getaway
- A Suite Experience
- Romantic Rendezvous
- Children's Program



## **Total Wellness**

### **Mind, Body and Spirit**

THE SECOND GENERATION OF SPA TREATMENTS - THE SPIRITUAL SIDE - LIFE IN MOVEMENT - YOGA, ASTROLOGY, SHAMANIC HEALING AND TRANSPERSONAL WORK

Cap Juluca's unique menu of signature treatments is a wonderful way to experience a new level of wellness, peace and happiness. Conceived as a highly personal opportunity to heal and grow, to release and know. The Mind, Body and Spirit programs brings you the powerful synergy of diverse spiritual therapeutics by

skilled healing arts practitioners. Cap Juluca's rooms and suites offer privacy which enable us to bring the spa experience directly to your suite, a signature service that our guests find most appealing. These Wellness Weeks are offered for one week every month of the year that the hotel is open. We will be offering the special plan as well as the a la carte menu for people not on the plan but who wish to partake of the therapies offered. The practitioners are also available at other times of the year for groups who wish to take a 'Spiritual Journey'. We now offer Coming Home Transpersonal service, Soul Awakening, Tree

of Life, Life in Movement - Spiritual Circuit Training, Yoga and Astrology with Diana Bourel, Thierry Liot and Hubert Delamotte.

Program includes: 5 nights in beachfront accommodation, full English breakfast and lunch or dinner daily; (special menus will be available that feature light, nutritious health conscious gourmet food); 10% accommodation tax and 10% service charge; one Coming Home/transpersonal session (75-min.) one Reflexology massage (one hour); four group yoga or group life in movement classes (one hour each); one Soul Awakening session 90-min.; one

individual Astrology Reading, 60-min.

These dates will include some of the additional therapies as discussed above and detailed below. Please call the numbers on the back of this brochure for full details of the sessions offered and information on the healing practitioners.

These sessions may also be taken a la carte by guests staying in the hotel during Mind, Body and Spirit week.

### **Life in Movement**

Thierry Liot's "Life in Movement" class is like spiritual circuit training designed to oxygenate, stimulate, invigorate, and balance the entire

body. Using special breathing exercises that will really get the life pulse circulating in ways you can tangibly feel, you'll stretch, sweat and

vibrate to a new high with this powerful series of challenging movements. Students say they've never breathed as deeply or as well. A la Carte

\$30/person, minimum 3 students for group, private class \$100.

#### **Any Five Nights Between the Following Dates in 2005**

**November 12 - 19th & December 3rd - 10th**

\$6,155 per couple,

\$4,680 per single person

#### **Any Five Nights Between the Following Dates in 2006**

**January 14 - 21st, February 4 - 11th & March 4 - 11th**

\$8,605 per couple,

\$6,885 per single person

**May 13 - 20th, June 10 - 17th & July 8 - 15th.**

\$5,835 per couple,

\$4,120 per single person

**August 19 - 26th**

\$5,835 per couple,

\$4,120 per single person

**April 22 - 29th, November 11 - 18th &**

**December 2 - 9th**

\$6,970 per couple,

\$5,250 per single person



## **Yoga with Diana Bourel**

Diana Bourel's spiritually challenging integrative yoga emphasizes mindfulness, breath, postures and meditation in action. Diana makes the yogic teachings come fully alive, packed with the type of life applicability that students call "take-home value". A la Carte \$30/person, minimum 3 students for group, private class - \$100

## **Coming Home**

Using storytelling, channeling, bioenergetics, regression, rebirthing and other transpersonal tools, Diana Bourel's Coming Home sessions are a guided, journey into the heart of your being. This inspiring treatment helps you to step into higher ground by highlighting the spiritual dimension of your life, whether working through unfinished business or connecting the dots for a more fulfilling relationship with the self. A la Carte 75-min. 1 person, \$190, couples \$325.

## **Tree of Life**

A spine-specific treatment by Thierry Liot using massage and therapeutic essential oils, applied in a specific sequence, that decongest and oxygenate the spine for heightened wellbeing and comfort. Positive effects last up to one week after treatment. A la Carte \$60-min. @ \$150



### **Soul Awakening**

Evolved from an ancient Egyptian healing art, Thierry Liot's Soul Awakening uses a number of different techniques including the manipulation of meridian points, the application of essential oils and crushed gemstone poultices, and crystals to alleviate stress, anxiety and depression, remove chakric and cellular blocks, promote and enhance life force. A la Carte 90-min. @ \$190

### **Astrology**

Veteran astrologer Hubert Delamotte animates the cosmic drama of your chart. With humor and incisive explanations, he helps his clients understand and accept the past, enjoy the present, and prepare and embrace the future. Private and couples readings available. A la Carte 60-min. 1 person, \$190, couples \$325



## Dance for Joy

If there are any dancers (or would-be dancers) out there who are interested in discovering their inner rhythms and smooth dancing feet, perfecting their style or just exercising their form. They can take group and/or private lessons in Tango, Rumba, Salsa, Foxtrot, Waltz, Swing and Meringue in the wonderful tropical surroundings of Cap Juluca. This 5 day, 4 night program is conducted by former U.S. Ballroom Champion, Bill Davies, who is also renowned as a coach working in New York, Boston, and Washington D.C. Janet Carlson Freed, a professional dancer, will assist Davies; she is also Beauty and Health Editor of Town and Country Magazine.

If there are couples who wish to attend, and one is not a dancer we are suggesting

scuba lessons, windsurfing lessons or fishing as an alternative. There is a single or double occupancy rate.

A la Carte lessons are also available for people not on the program - \$30 pp group dance lessons, \$60 pp private dance lessons (half hour), \$30 pp group yoga lessons and \$90 for Blissful Sole Spa Ritual (Reflexology).

Program includes: 4 nights in beachfront accommodation, full English breakfast and lunch or dinner daily. 10% accommodation tax and 10% service charge, 4 daily group dance lessons, evening

dancing under the stars, a Blissful Sole Spa ritual (reflexology), two group yoga sessions, a final gala dinner and dance, afternoon tea, full watersports and tennis. This program is offered in August and November 2005. The program for 2006 will take place on April 26-30 and November 29-December 3, 2006. Please call for rates.



## Wine and Food Lovers Getaway

A special WINE & FOOD LOVERS GETAWAY will continue for most months throughout 2005. Each month we invite either a Vineyard or a celebrated chef (sometimes they come together) to take part in our Gastronomic Experience and the special getaway that comes with it. The Vineyards will be from such diverse places as France, Italy, Chile, Germany, Austria, and USA, etc. We invite the owner or a member of his family to come to Cap Juluca to explain his estate, his wines and his grapes.

We orchestrate a gala degustation winemaker dinner around the Vineyard and the wines. The owner or a member of his family will then speak about their wines before each course. The 'celebrated' chefs will also come from many parts of the globe, they will offer either two special gala degustation menus, or some will also give cooking classes. Be sure to telephone, email or visit our web site [www.capjuluca.com](http://www.capjuluca.com) if you wish to know about the Vineyard or celebrated chef-of-the-month for the period in which you are interested.



- Four Nights Beachfront accommodation for two
- Wine and hors d'oeuvres upon arrival
- Continental Breakfast Daily and Afternoon Tea - Full breakfast daily (from 2006)
- Two Dinners for two at either George's, Pimms, Kemia or Room Service (Beverages not included)
- Two Gala Chef's Tasting Dinners or One Dinner and One Cooking Class
- Half Day Snorkeling Trip to Little Bay Marine Preserve including beverages
- One gift bottle of vineyard-of-the-month winemakers wine
- Complimentary Tennis and Watersports
- Arrival and Departure Taxi transfers from Anguilla's Wallblake airport or the ferry

## Wine & Food Lovers Five Days, Four Nights Getaway

2005

May 1 - November 11, 2005

Superior Room	\$2,720 Per couple
Luxury Room	\$3,040 Per couple
Junior Suite	\$3,520 Per couple

November 12 - December 16, 2005

Superior Room	\$3,150 Per couple
Luxury Room	\$3,550 Per couple
Junior Suite	\$4,085 Per couple

2006

January 3 - March 31, 2006

Superior Room	\$4,930 Per couple
Luxury Room	\$5,765 Per couple
Junior Suite	\$6,505 Per couple

April 1 - April 30, 2006

Superior Room	\$3,410 Per couple
Luxury Room	\$3,840 Per couple
Junior Suite	\$4,450 Per couple

May 1 - November 10, 2006

Superior Room	\$2,960 Per couple
Luxury Room	\$3,305 Per couple
Junior Suite	\$3,840 Per couple

November 11 - December 16, 2006

Superior Room	\$3,410 Per couple
Luxury Room	\$3,840 Per couple
Junior Suite	\$4,450 Per couple

## Complimentary Amenities

Welcome rum beverage, all water sports, tennis clinics weekly (2), day & night tennis, health club, resort fresh water pool, nightly movie, croquet and horticultural tours. Complimentary bottle of Anguillian Rum upon arrival and first setup-stocked bar in room. **Rates are Inclusive of 10% accommodation tax and 10% Service Charge** for items included in the package. Extra nights are available at the published rates.

## The Great Escape

Escape to tranquility and perfection! Enjoy the finest beachfront accommodations, swept by cooling trade winds, with daytime temperatures in the mid 80°F.

May 1- November 11, 2005

Room	Per Night
Superior	\$345
Luxury	\$420
Jr. Suite	\$530

May 1- November 10, 2006

Room	Per Night
Superior	\$380
Luxury	\$460
Jr. Suite	\$585

10% accommodation tax and  
10% service charge additional.

## Complimentary Amenities

Welcome rum beverage, daily continental breakfast served on your private covered terrace, Full breakfast available in Kemia (from 2006), afternoon tea, all water sports, two tennis clinics weekly, day & night tennis, health club, resort fresh water pool, nightly movie and croquet.

## Stay 7 Nights

In addition to the above, receive complimentary champagne and hors d'oeuvres upon arrival, and arrival and departure taxi transfers.

## Stay 10 Nights

In addition to the complimentary 7 night amenities, receive one complimentary night and a gala West Indian dinner.

## Stay 14 Nights

In addition to the complimentary 7 night amenities, receive two complimentary nights, a gala West Indian dinner and a sunset champagne cruise for two.

## Meal Plans

Dinner only - \$85, MAP - \$110 and FAP- \$125 per person per day are available. Children under 12 - half price Meal plans subject to 15% service charge.

# Quick Getaway

## 5 Days / 4 Nights

- Four nights beachfront accommodation for two
- Four dinners for two including either George's, Pimms, Kemia or room service (beverages not included)
- Wine and hors d'oeuvres upon arrival
- Continental breakfast daily (English breakfast daily from December 17, 2005)
- Half-day snorkeling trip to Little Bay marine preserve including beverages
- Complimentary tennis and watersports
- Arrival and departure taxi transfers from Anguilla's Wallblake airport or the ferry

Room	Summer	Autumn	Winter	Spring	Summer	Autumn
	5/1/05 - 11/11/05	11/12/05 - 12/16/05	1/3/06 - 3/31/06	4/1/06 - 4/30/06	5/1/06 - 11/10/06	11/11/06 - 12/15/06
Superior	\$2,615	\$3,045	\$5,175	\$3,205	\$2,750	\$3,205
Luxury	\$2,935	\$3,445	\$5,765	\$3,635	\$3,100	\$3,635
Jr. Suite	\$3,415	\$3,975	\$6,935	\$4,245	\$3,630	\$4,245

Additional adjoining rooms and extra beds available. 10% accommodation tax and 10% service charge additional.

## Complimentary Amenities

Welcome rum beverage, all water sports, tennis clinics weekly (2), day & night tennis, health club, resort fresh water pool, nightly movie, croquet and horticultural tours. Complimentary bottle of Anguillan Rum upon arrival and first setup stocked bar in room.



# A Suite Experience

## Suites & Villas at Special Prices

The Suite Experience features luxurious accommodations at substantially reduced prices and provides the ultimate in space, comfort, privacy and enjoyment for families and friends traveling together. Minimum 4 night stay.

Room	5/1 – 11/11, 2005	11/12 – 12/17, 2005	5/1 – 11/10, 2006	4/1 – 4/30, 2006 11/11 – 12/15, 2006
	Summer	Autumn	Summer	Spring & Autumn
<b>2 Bedroom Patio Suite</b> 2,370 Sq. Ft. accommodates 4	\$860	\$1,210	\$1,010	\$1,500
<b>3 Bedroom Pool Suite or Villa</b> 3,000 Sq. Ft. accommodates 6	\$1,460	\$1,965	\$1,835	\$2,570
<b>5 Bedroom Luxury Villa</b> 3,740 Sq. Ft. accommodates 10	\$1,955	\$2,495	\$2,280	\$3,100
<b>5 Bedroom Pool Villa</b> 4,400 Sq. Ft. accommodates 10	\$2,325	\$3,090	\$2,845	\$3,960

Additional adjoining rooms and extra beds available. 10% accommodation tax and 10% service charge additional.

## Complimentary Amenities

- Welcome rum beverage upon arrival
- Continental breakfast is served daily on your terrace or a full breakfast is available at KEMIA (from 2006)
- All watersports
- Day & night tennis
- Health club
- Resort fresh water pool
- Maid service daily 7:30 am-10:00 pm
- Nightly movie
- Afternoon tea

## MEAL PLANS

Upon request. Children under 12 half price. Guests have a choice of dining at Pimms, Kemia, George's or room service on your private beachfront terrace. Private chefs and catering are also available. Meal Plans subject to 15% service charge.

## Romantic Rendezvous

- Seven nights beachfront accommodation for two
- Champagne and flowers upon arrival
- Four dinners for two at either George's, Pimms, Kemia or room service (beverages not included)
- Continental breakfast daily, Full breakfast in Kemia (from 2006)
- A one hour massage for two nestled side by side in the comfort and privacy of your room.
- All day snorkeling trip to Prickly Pear with special resort prepared BBQ lunch and beverages
- One day car rental (insurance not included)
- Complimentary tennis and watersports
- Arrival and departure taxi transfers from Anguilla's Wallblake airport or the ferry



Room (per couple)	Summer	Autumn	Winter	Spring	Summer	Autumn
	5/1/05 - 11/11/05	11/12/05 - 12/16/05	1/3/06 - 3/31/06	4/1/06 - 4/30/06	5/1/06 - 11/10/06	11/11/06 - 12/15/06
<b>Superior</b>	\$4,135	\$4,885	\$8,655	\$5,295	\$4,500	\$5,295
<b>Luxury</b>	\$4,700	\$5,585	\$9,680	\$6,040	\$5,110	\$6,040
<b>Jr. Suite</b>	\$5,535	\$6,515	\$11,735	\$7,115	\$6,040	\$7,115

Rates are inclusive of 10% accommodation tax and 10% service charge for items included in the package. Extra nights are available at published rates.

### Complimentary Amenities

Welcome rum beverage, all water sports, tennis clinics weekly (2), day & night tennis, health club, resort fresh water pool, nightly movie, croquet and horticultural tours. Complimentary bottle of Anguillian Rum upon arrival and first setup stocked bar in room.

## Children's Program

### Children's Rooms Half Price

May 1 - November 12, 2005 / May 1 - November 10, 2006

Room service, children's menu, in-room VCRs, a large videotape library, supervised 7:00 pm nightly movies are available to allow parents a romantic dinner.

### Complimentary Amenities

March 11- April 30, 2006 / July 1-August 31, 2006

#### 10 - 14 Years of age

This Program is designed to allow older children a chance to improve their skills in tennis, windsurfing, snorkeling, swimming, croquet and sailing. Clinic hours are available upon arrival. Depending on the children in attendance, round robins and similar activities will be scheduled to excite their interest.

#### 4 - 9 Years of age

Monday thru Friday 9:30 am-4:30 pm

Our Club House with a kitchenette and bathroom is located adjacent to the Resort's Jr. Olympic fresh water swimming pool at the center of the Resort and equipped with a work table, VCR, learning materials and games.

<b>9:30 am-12:00 pm</b>	Arts and crafts, nature walks, beach activities, watersports, and snorkeling.
<b>12:00-12:30 pm</b>	Lunch at the adjacent Pool Terrace Restaurant
<b>12:30-4:30 pm</b>	Pool swimming, mini tennis, story hour and movie
<b>Other Times</b>	Babysitters are available at \$6.00 per hour \$3.00 per hour for each additional child



Parents may drop off and pick up their children at any time during Club House hours, allowing maximum flexibility for each family.

## RESERVATION AND DEPOSIT POLICY

Except where specifically included, a 10% gratuity and 10% government accommodations tax are additional. Reservations must be secured by a 50% deposit no later than forty-eight hours after the reservation is made, the remaining 50% is due 30 days prior to arrival. If the reservation is made within the 30 days 100% deposit will apply. Refunds are made only when written notice is received by Cap Juluca no later than 30 days prior to scheduled arrival. Rates and conditions are subject to change without notice. Other conditions may apply at peak periods or on special programs.



A woman in a patterned dress and hat stands on a beach looking out at a sailboat on the ocean at sunset.

# Relax

*your spirit and your mind...*



The essence of Cap Juluca is to reconnect you with your inner self. We provide many diverse activities for you, each conceived to help you enjoy our pristine paradise in your own way. This will be a vacation you will always remember and an experience you will never forget.



No. 1 Hotel in the Caribbean  
2003 and 2004  
"World's Best Awards"  
*Travel & Leisure*

Top Caribbean Hotel 2004  
*Zagats Survey*

No.1 Caribbean Hotel for Service  
*Travel & Leisure 2004*

"Gold List 2004"  
*Conde Nast Traveler*

500 Top Hotels in the World 2004  
*Travel & Leisure*



A member of  
*The Leading Small Hotels*  
of the World

Best Caribbean Resort  
2003, 2004 and 2005  
*Hideaway Report Readers Survey*

No. 1 Resort in the  
Caribbean 2003  
*Readers Choice Awards*  
*Conde Nast Traveler*

Top 20 Resorts / Hotels in  
the World 2003  
*Reader Choice Awards*  
*Conde Nast Traveler*

Best Small Hotel in the  
Caribbean 2003  
*Caribbean Travel and Life*

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*Reservations and Information*

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